



A gentle style of  
Acupuncture, Shiatsu,  
Qi Gong, Tui Na,  
and Herbal Medicine



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A gentle style of Acupuncture, Shiatsu, Qi Gong, Tui Na, and Herbal Medicine

**Inner Renewal** | 1718 - 37th Ave. | Seattle, WA 98122 | Phone: **206.328.3058** | Fax: **425.869.7691**

Seattle licensed Acupuncturist **Inderjeet Ramgotra** practices a gentle style of Acupuncture, Shiatsu, Qi Gong, Tui Na, and Herbal Medicine.

# Inner Renewal and the healthy path

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## **Partial list of conditions treated:**

**Musculoskeletal**

**Gastrointestinal**

**Neurological**

**Respiratory**

**Gynecological**

**Stress Disorders**

**Cardiovascular**

**Cold and Flu**

**Pain Disorders**

**Urogenital Disorders**

Inderjeet's mission is to provide high quality health care through Classical Chinese Medicine.

Classical Chinese medical theory explains that human beings have a natural flow of energy through the body called Qi, and that pain and disease are caused by an imbalance or a blockage of this vital energy or Qi.

The goal of Classical Chinese Medicine is to help restore harmony to the flow of vital energy, and thus to return the body to a healthy state.

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**Inner Renewal** is an integrated acupuncture and herbal medicine clinic located in the Madrona neighborhood of Seattle. Call **206.328.3058** for a consultation.